**道元對宏智正覺的理解——中日曹洞宗交流的一個層面**

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提 要

本文考察了道元對宏智正覺的理解。宏智正覺是南宋曹洞宗的人物，提倡“默照禪”。道元稱宏智為“古佛”，認為禪宗史上堪稱為“坐禪箴”的只有宏智的“坐禪箴”，並效仿其用詞和結構，撰“坐禪箴”一卷收入其日文本《正法眼藏》中。道元之所以強調坐禪，除受如淨的影響外，很大程度上還與他對宏智思想的理解有關。因此，探討道元的思想時，不能忽視宏智正覺的存在。然而，道元在引用巨集智的文字時，並不是完全照抄，有時也改動幾個字句，形成了自己的文字。對於這一現象，有學者認為，道元之所以改動宏智的字句，是因為他不滿足于宏智的思想，試圖超越宏智的思想。針對這一說法，本文做了深入的分析，指出道元在引用巨集智的文字時，既有改動的時候，也有不作改動的時候，並不是絕對的。另外，還探討了道元理解巨集智的特徵，指出道元是基於他自己對修行的重視而讚歎宏智的思想的，並不是盲目地推崇，有他自己的獨立思想。

**On the Dogen's Understanding of Hongzhi Zhengjue**

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Abstract

This paper examines Dogen（道元）'s understanding of Hongzhizhengjue（宏智正觉）. Hongzhizhengjue was a person of the Caodong Sect of the Southern Song period. Dogen referred to Hongzhizheng]ue as``Old Buddha", and when rating the various Zuochanzheng (坐禅箴) in the history of the Zen sect, he felt that only Hongzhizhengjue's version was worthy of serious attention, and accordingly copied the wording and structure when he wrote a similarly titled volume for inclusion in his Shobogenzo. The reason that Dogen stressed meditation was not just because of Rujing（如净）'s influence. To a large degree it was also because of his understanding of Hongzhizhengjue's thought. Bccause of this, when examining Dbgen's thought we cannot ignore the existence of Hongzhizh-engjue. Therefore, when Ddgen utilized Hongzhizhengjue words he did not simply copy them verbatim. Sometimes he modifiedpart of the wording, creating his own expressions. Some scholars believe that Dogen did this because he was not satisfied with Hongzhizhengjue's ideas, and attempted to surpass them. This chapter provides a detailed analysis of this question, and suggests that when Dogen made use of Hongzhizhengjue's words, even if he changed the wording, there were also times when he did not, and that neither situation was absolute. Additionally, we also investigated Dogen's understanding of Hongzhizhengjue's special features and point out that Dogen was firmly grounded in his own stress on practice perfection when he cried out in admiration of Hongzhizhengjue's ideas. This was not simply a case of blind promotion and worship; he had his own independent ideas.